

Deborah A. Saber, PhD, RN, CCRN

31324 Amberview Bend, Wesley Chapel, FL 33545
(305) 336- 2900 – Cell
debsaber@gmail.com

EDUCATION

Year	Degree	Institution	Clinical Major	Role Preparation
2012	PhD	University of Central Florida	Nursing	Researcher
1985	MSN	DePaul University	Nursing	Nurse Admin.
1980	BSN	Vanderbilt University	Nursing	

LICENSURE/CERTIFICATION

Florida licensure (expires July 31, 2026)
Certified Critical Care Nurse CCRN (expires April 2028)

EMPLOYMENT

ACADEMIC APPOINTMENTS:

2/25 –	Associate Professor of Nursing/MSN Program Director , Florida Southern College, Ann Blanton Edwards School of Nursing and Health Sciences Lakeland, FL
8/23 –	Independent contractor , Working with Chemical and Biomedical Professor David Neivandt, University of Maine, Orono, ME;
9/23 – 2/25	Adjunct Faculty , Florida Southern College, Ann Blanton Edwards School of Nursing and Health Sciences, Lakeland, FL
9/22 – 6/23	Graduate Program Coordinator , University of Maine, School of Nursing, Orono, ME
3/21 – 8/23	Associate Professor , University of Maine, School of Nursing, Orono, ME
1/18 – 8/23	Faculty Associate , George J. Mitchell Center for Sustainability Solutions University of Maine, Orono, ME (remote work)
5/19 – 8/23	Cooperating Faculty Member , Graduate School of Biomedical Sciences and Engineering (GSBSE), University of Maine, Orono, ME (remote work)
1/20 – 2/23	Joint Appointment-Director of Nursing Research and Evidence-Based Practice with Northern Light Eastern Maine Medical Center, Orono, ME
1/16 – 2/21	Assistant Professor , University of Maine, School of Nursing, Orono, ME
8/13 – 12/15	Assistant Nursing Professor of Clinical , University of Miami School of Nursing and Health Studies, Coral Gables, FL
8/13 – 12/15	Director of Nursing Research and Evidence-based Practice , University of Miami Hospital, Miami, FL
1/13 – 7/13	Visiting Nursing Assistant Professor , University of Central Florida College of Nursing, Orlando, FL
8/08 – 8/09	Adjunct Nursing Faculty , Florida State University College of Nursing, Tallahassee, FL
6/03 – 7/04	Adjunct Nursing Professor and Nursing Refresher Series Coordinator, Seminole State College, Sanford, FL

NON-ACADEMIC AND CLINICAL APPOINTMENTS:

1/24 – 2/25	Clinical Nurse III; Charge , Intensive Care Unit/Progressive Care, BayCare Wesley Chapel, Wesley Chapel, FL
-------------	--

1/23 – 12/23	Clinical Nurse III, Charge , Intensive Care Unit, St. Anthony Hospital, Saint Petersburg, FL
10/11 – 7/23	Staff Nurse CNIV , Critical Care Float Team, AdventHealth Orlando, Orlando, FL
8/02 – 9/11	Staff Nurse CNIV , Intensive Care Unit, AdventHealth Orlando, Orlando, FL
8/93 – 8/94	Staff Nurse , Intensive Care Unit/Coronary Care Unit, Northern Illinois Medical Center, McHenry, IL
8/88 – 7/93	Clinical Application Specialist , Siemens Medical System, Schaumburg, IL
7/86 – 7/88	Patient Care Director , St. Francis Hospital, Evanston, IL
10/82 – 6/86	Staff Nurse , Pediatric Intensive Care Unit, University of Illinois Medical Center, Chicago, IL
7/80 – 9/82	Staff Nurse , Intensive/Coronary Care Unit, Holy Family Hospital, DesPlaines, IL

PUBLICATIONS

[Google Scholar Profile](#)

BOOKS AND MONOGRAPHS:

Sorenson, M., Quinn, L., & Klein, D. (2019). *Pathophysiology: Concepts of human disease*. Pearson: N.J. ISBN13: 9780133414783. Content contributor (Chapter Review Questions)

Norris, A., **Saber, D.**, Morrison, D., & Trompeter, G. (2011). Quantifying intuitions about risk: Comparing public accounting firm partners perceived as “risky” and “non-risky”. In V. Arnold (Ed.), *Advances in accounting behavioral research* (pp. 67-89). Emerald.

REFEREED JOURNALS: (*Data-based articles)

*Klein, K. R., Trumbo, J., **Saber, D.**, & Kakkad, A. (2025). The potential impacts of single-use plastic during the COVID-19 pandemic. *Disaster Medicine and Public Health Awareness*, 19, e19.
<https://doi.org/10.1017/dmp.2024.334>

Berry, B., Blackmer, T., Haedicke, M., Lee, S., MacRae, J., Miller, R., Nayak, B., Rivet-Préftaine, L., **Saber, D.**, Silka, L., Thakali, A., Wildwistle, J., Yoder, C., & Isenhour, C. (2024). Safe circular food systems: A transdisciplinary approach to identify emergent risks in food waste nutrient cycling. *Foods*. <https://doi.org/10.3390/foods13152374>

*Scott, C., **Saber, D. A.**, Neivandt, D. J. (2024). Engineering a compostable isolation gown to reduce hospital-derived synthetic waste accumulation in landfills. *Environmental Technology and Innovation*, 35, 103663.
<https://doi.org/10.1016/j.eti.2024.103663>

*Klein, K., **Saber, D.**, Trumbo, J., & Kakkad, A. (2023). The potential environmental implications of infection control prevention during the COVID-19 pandemic: Waste generation from a level 2 trauma center in Maine. *Prehospital and Disaster Medicine*, 38, s66. <https://doi.org/10.1017/S1049023X23001991>

*Blackmer, T., Berry, B., Haedicke, M., Isenhour, C., Lee, S., MacRae, J., **Saber, D.**, & Victor, E. (2023). The disposal mode of Maine’s waste governance. *Maine Policy Review*, 32(1), 56-70.
<https://digitalcommons.library.umaine.edu/mpr/vol32/iss1/9>.

*Joslyn, M. D., **Saber, D. A.**, & Miles, P. (2023). Predictors of central vascular access bloodstream infections in patients with acute leukemia and neutropenia: A retrospective case-control chart review. *Journal of Infusion Nursing*, 46(3), 139-148.

Robinson, K., & **Saber, D.** (2022). Obesity: Policy and practice recommendations for high-risk populations influenced by the COVID-19 pandemic. *mSystems*. <https://journals.asm.org/journal/msystems> on 31 May 2022 by 2600:387:5:80d:b4.

- *Sezen-Barrie, A., Carter, L., Smith, S., **Saber, D.**, & Wells, M. (2022). Research and scholarship during the COVID-19 pandemic: A wicked problem. *Innovative Higher Education*. <https://doi.org/10.1007/s10755-022-09639-0>
- Jagger, S., **Saber, D. A.**, Poirier, P. (2022). Skin response: A multidisciplinary approach to pressure injury prevention. *Journal of Nursing & Interprofessional Leadership in Quality & Safety*, 4. <https://digitalcommons.library.tmc.edu/uthoustonjqualse/vol4/iss1/9/>
- *Berry, B., Isenhour, C., MacRae, J., Victor, E., Blackmer, T., Entwistle, J., Silka, L., Haedicke, M., Lee, S. & **Saber, D.** (2022). After the perfect storm: Learning from disruptions in Maine's material management system. *Case Studies in the Environment*, 6(1), 1706963. <https://doi.org/10.1525/cse.2022.1706963>
- ***Saber, D. A.**, Norris, A. E., Reinking, J., Trompeter, G., & Sanford, D. (2022). Analyzing the cost of hospital contact isolation practices: Implications for nursing administrator practice, research, and policy. *Journal of Nursing Administration*, 52(6), 352-358.
- ***Saber, D.**, Aziza, R., Dreyer, S., Sanford, D., Nadeau, H. (2022). Hospital food waste: Reducing waste and cost to our health care system and environment. *OJIN: Online Journal of Issues in Nursing*, 27(1). doi. 10.3912/OJIN.Vol27no01PPT33
- Sutton, A., Lamkins, J., Nadeau, H., Thomsen, N., Willard, K., & **Saber, D.** (Spring 2020). Tackling wicked problems through undergraduate interdisciplinary teams: A team perspective. *Spire*. <https://umaine.edu/spire/2020/04/08/sutton/>
- Saber, D.** (2020). Healthcare's role in environmental sustainability: Nurses are needed to guide efforts! *American Nurse Today*, 15(10), 50-54. <https://www.myamericannurse.com/healthcares-role-in-environmental-sustainability/>
- Saber, D.**, & Silka, L. (2020). Sustainable consumption: The need for interdisciplinary approaches if the waste problem is to be understood and addressed. *Journal of Social Issues: Special Issue: Sustainable Consumption: The Psychology of Individual Choice, Identity, and Behavior*, 76(1), 114-122. <https://doi.org/10.1111/josi.12372>.
- *Lewis-Pierre, L., Anglade, D., **Saber, D.**, Gattamorta, K., & Piehl, D. (2019). Evaluation of horizontal violence and bullying in the nursing workforce of an oncology academic medical center. *Journal of Nursing Management*, 27(5). <https://doi.org/10.1111/jonm.12763>.
- Dreyer, S., Kurz, T., Prosser, A., **Saber, D.**, Swim, J., Walton, A., Dennings, K., McNeill, I. (2019). Towards a psychology of the food-energy-water nexus: Costs and opportunities. *Journal of Social Issues: Special Issue on the Psychology of Sustainable Consumption*, 76(1), 136-149. <https://doi.org/10.1111/josi.12361>.
- ***Saber, D.**, Howlett, B., Waterman, T., deTantillo, L. (2018). Solid waste and disposal processes for isolated patients with infectious disease. *OJIN: The Online Journal of Issues in Nursing*, 23(2). <https://www.doi.org/10.3912/OJIN.Vol23No02PPT33>.
- Saber, D.** (2017). Disposal of medical wastes from infectious hospitalized patients: A mandate for re-examining current practices. *The Maine Journal of Conservation and Sustainability*. <https://umaine.edu/spire/>
- Saber, D.**, Strout, K., Swanson-Caruso, L., Ingwell-Spolan, C. (2017). An interprofessional approach to continuing education with mass casualty simulation: Planning and execution. *Journal of Continuing Education in Nursing*, 48(10), 447-453. <https://doi.org/10.3928/00220124-20170918-05>.
- Strout, K., **Saber, D.**, Swanson-Caruso, L., Ingwell-Spolan, C., Koplovsky, A., Caron, E., Federico, J., Hulst, C., Etro, I., (2017). Interprofessional mass casualty incident simulation design protocol to prepare prelicensure nursing students to respond to a disaster. *Nurse Educator*, 42(5), E1-E4. doi:10.1097/NNE.0000000000000365.
- ***Saber, D.**, Anglade, D., & Schirle, L. (2016). A study examining senior nursing students' expectations of work and the workforce. *Journal of Nursing Management*, 24(2), E183-E191. <https://doi.org/10.1111/jonm.12322>.

***Saber, D.** (2014). Front-line registered nurse job satisfaction and predictors over three decades: A meta-analysis from 1980-2000. *Nursing Outlook*, 62, 402-414. <https://doi.org/10.1016/j.outlook.2014.05004>.

Saber, D. (2013). Generational differences of the front-Line nursing workforce in relation to job satisfaction: What does the literature reveal? *The Health Care Manager* 32(4), 329-335. doi: 10.1097/HCM.0b013e3182a9d7ad.

RESEARCH and GRANTS

Date	Role	Title	Agency	Type	Amount
2023	Co-I	The University of Maine Compostable Isolation Gown	Northern Border Regional Commission	Extramural	\$1,118,000 (unfunded)
2023	PI	Phase II of Organic Textile for Personal Protective Equipment (PPE) Gowns: Compostability	Maine Technology Institute	Extramural	\$25,000
2022	PI	Phase I: Identification and Testing of Compostable Materials for Personal Protective Equipment (PPE) Gowns Material	Maine Technology Institute	Extramural	\$25,000
2022	PI	Reducing Solid Waste from Personal Protective Equipment through Infection Control Procedure Changes for Patients with Methicillin-Resistant <i>Staphylococcus Aureus</i> Infections	Environmental Research & Educational Foundation	Extramural	\$335,000 (unfunded)
2021	Contributor	A Risk Worth Taking: Using Immersive VR Simulation and Collaborative Software Tools to support a Diverse, Competent, Confident, and Innovative Rural Nursing Workforce.	American Nurse Foundation	Extramural	\$1,500,000 (unfunded)
2021	Co-I	Effects of COVID-19 on Waste Production and Management at a Maine Hospital	Northern Light Eastern Maine Medical Center	Not funded	
2021	PI	Enhanced Mentoring Program with Opportunities for Ways to Excel in Research: EMPOWER	University of Maine	Intramural	\$10,000
2021	PI	Accelerating the Growth of Maine's Circular Food Economy: Workforce Development and Entrepreneurial Leadership	State of Maine: House Committee on Appropriations	Community Funded Project	\$600,000 (unfunded)
2021	Co-I	A Research Proposal to Study the Potential for Reusable Packaging Programs and Policy to Advance Waste Reduction and Economic Efficiency Goals in Maine and Beyond	Senator George J. Mitchell Center for Sustainability Solutions	Intramural	\$30,000
2021	Co-I	Virtual Reality: Will this "Escape" Application Affect Distress Levels in Oncological Patients?	The Daisy Foundation	Extramural	\$7,440 (unfunded)
2020	Co-PI	Microbial Study in Healthcare: Undergraduates Learning Research through the Lens of Multiple Disciplines	UMaine; UMS Rural Health and Wellbeing Grand Challenge AY 20-21 Research Reinvestment Fund (RRF) Grant Programs	Intramural	\$29,210
2020	PI	Contact Isolation Practices for Patients with Methicillin Resistant <i>Staphylococcus Aureus</i> : What is the Cost?	University of Maine University of Central Florida	Not funded	---

2020	PI	Keeping Patients Safe from Recognized and Novel Healthcare Associated Infections: Methicillin Resistant <i>Staphylococcus Aureus</i> (MRSA) and COVID-19	Agency for Healthcare Research and Quality RO1	Extramural	\$1,926,408 (unfunded)
2020	Co-PI	New Tools for Building Resiliency to the Spread of Infection: Understanding Microbial Movement through Schools	National Science Foundation Phase 1 Planning Grant	Extramural	\$49,871 (unfunded)
2020	PI	Patients with Acute Leukemia, Neutropenia and the Presence of a Central Line in Patients that Develop Bacteremia: A Retrospective Case-Control Chart Review	Northern Light Eastern Maine Medical Center	Not funded	---
2020	PI	A PhD and DNP Program at the University of Maine School of Nursing Through A Collaborative Approach	Define Tomorrow Initiative	University Challenge	---
2020	Co-I	UMaine Medicine: Addressing Renal Disease, Metabolic Disorders, and Infectious Diseases Among Isolated Populations in Rural Maine	University of Maine 2019-2020 Research Reinvestment Fund Pilot Initiative	University of Maine System Intramural Grand Challenge	\$300,000
2020	PI	Keeping Patients Safe from Recognized and Novel Healthcare Associated Infections: Methicillin Resistant <i>Staphylococcus Aureus</i> (MRSA) and COVID-19	University of Maine Regular Faculty Research Award	Intramural	\$16,139
2019	PI	Keeping Maine Safe from Infection: Predictive Modeling to Explain Multi-Drug Resistant Organism (MDRO) Activity in Acute Care Maine Hospitals	University of Maine 2019-2020 Research Reinvestment Fund Pilot Initiative	University of Maine System Intramural Grand Challenge	Up to \$1,000,000 over all proposals (unfunded)
2019	PI	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste through a Multi-Site, Interdisciplinary Team (IURC-II)	University of Maine 2018-2019 Research Reinvestment Fund Student Awards Competition	Intramural	\$29,727
2019	Co-I	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste through a Multi-Site, Interdisciplinary Team Round 2 Funding	Diana Davis Spencer Foundation	Extramural	\$28,000 (unfunded)
2018	Co-I	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	Diana Davis Spencer Foundation	Extramural	\$25,000
2018	PI	Building a Sustainable Program on Circular Food Economy for Undergraduate Students Within a Multidisciplinary Team	United States Department of Agriculture: Higher Education Challenge	Extramural	\$150,000 (unfunded)
2018	PI	Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	University of Maine 2017-2018 Research Reinvestment Fund Student Awards Competition	Intramural	\$25,073

2017	Co-I	University of Maine Partners in Nursing Education (PINE)	University of Maine Pilot Fund	Intramural	\$65,000
2017	Co-I	Maine's Community Waste Toolbox: Resources for Healthier People and Communities	Elima B. Sewall Foundation	Extramural	\$84,385 (unfunded)
2016	PI	A Study of Solid Waste Disposal Processes for Isolated Patients with Infectious Disease	University of Maine Summer Research Fund	Intramural	\$8,000
2015	PI	An Exploration of Nursing Student and Simulation Actors Perspectives on the Benefits and Limitations of Disaster Exercise Simulation Training	University of Maine	Not Funded	---
2015	Co-I	An Exploration of Nursing Student Perspectives on the Benefits and Limitations of Disaster Exercise Simulation Training	University of Miami	Not Funded	---
2014	PI	Comprehensive Data Collection Solid Waste Disposal Processes for Isolated Patients with Infectious Disease	Hinkley Center for Solid and Hazardous Waste Management	Extramural	\$45,532 (unfunded)
2014	PI	A Pilot Study to Test the Procedure and Toll Utility for Pressure Ulcer Predictor Assessment in High-Risk Post-Operative Patients	University of Miami	Not Funded	---
2013	PI	A Study Comparing Senior Nursing Students' Expectations of Work and Workforce to their Perceptions after Employed as Newly Licensed Registered Nursing (NLRNs)	University of Miami	Not Funded	---
2010	PI	Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta-Analysis for 1980-2009 (Doctoral Dissertation)	Florida Nurses Foundation Evelyn Frank McKnight Research Grant	Extramural	\$750.00
2008	Study Team Member	Quantifying Institutions about Risk: Comparing Partners Perceived as "Risky" or "Non-Risky"	Prevention Institute for Fraud Prevention	Extramural	\$10,000
1985	PI	Decision Acceptance by Registered Staff Nurses through Consultative and Group Decision-Making Processes (Master's Thesis)	DePaul University	Not Funded	---

PRESENTATIONS—NATIONAL / INTERNATIONAL

Date	Type	Title	Conference Title, City/State	Refereed/Invited
7/25/2022	Podium	Joslyn, M.D., Saber, D. A., Miles, P. CLABSI Risk Factors for Patients with Leukemia, Neutropenia, and the Presence of a Central Line	Sigma Theta Tau 33 rd International Research Congress Edinburgh, Scotland	Refereed

11/2019	Poster	Saber, D. A. Environmental Sustainability Issues are Everywhere: A Pilot Program for Undergraduate, Interdisciplinary Research, and Problem Solving	Sigma Theta Tau International 45 th Biennial Convention Washington, DC	Refereed
05/2018	Podium	Saber, D., & Silka, L. Sustainability Issues are Everywhere: Healthcare as a Waste Generating Behemoth	SPSSI-SASP 2018 Small Group Meeting: The Psychology of Sustainable Consumption, Philadelphia, PA	Refereed
11/2015	Podium	Saber, D. A. A Study Examining Senior Nursing Students Expectations of Work & the Workplace	Sigma Theta Tau International 43rd Biennial Convention Las Vegas, NV	Refereed
05/2015	Poster	Saber, D. A., Cano, A., Stamp, H., Joaquin, F., Jamieson, E., Kaur, A., & ... Wawrzyniak, A. Testing a Procedure and Tool for Pressure Ulcer Predictor Assessment in High-Risk Post-Operative Patients	2015 American Nurse Credentialing Center Pathways to Leadership Conference, Louisville, KY	Refereed
7/2013	Poster	Saber, D. A., Norris, A., & Trompeter, G. Secondary Analysis of Data Collected for Clinical Purposes: Lessons Learned	Sigma Theta Tau 21 st International Nursing Research Congress Orlando, FL	Refereed

PRESENTATIONS—REGIONAL

Date	Type	Title	Conference Title, City/State	Refereed /Invited
11/4/2022	Podium	Saber, D. A., Klein, K., Trumbo, J Solid Waste Generation: Before and During the COVID-19 Pandemic	UMS Nursing Research Symposium Augusta, ME	Refereed
3/31/2022	Podium	Saber, D.A., Norris, A. E., Reinking, J., Trompeter, G., Sanford, D. The Financial and Environmental Cost of Personal Protective Equipment (PPE) Waste in Healthcare Organizations	2022 Maine Sustainability and Water Conference Augusta, Maine	Refereed
9/2021	Podium	Saber, D. A., Norris, A. E., Reinking, J., Sanford, D., & Trompeter, G. Contact Isolation Practices for Patients with Methicillin-Resistant Staphylococcus Aureus: A Cost Analysis	UMS Nursing Research Symposium: Environmental Sustainability for Nurse's Body, Mind, and Spirit Portland, ME	Refereed
4/2021	Podium	Saber, D. A. Physiological Implications of Pre-Existing Inflammatory Co-Morbidities when the Body is Introduced to Novel Infectious Processes	Microbes and Social Equity Speaker Series University of Maine Orono, ME	Invited

11/2019	Podium Keynote	Saber, D. A. Healthcare Waste: Solid, Organic, and Pharmaceutical	Maine Resource Recovery Association Fall Workshop and Annual Meeting Brewer, ME	Invited
11/2019	Podium	Saber, D. A. The Pathology of Renal Failure: Causes and Conditions	Maine Health Information Management Association Spring Conference Augusta, ME	Invited
06/2019	Podium	Saber, D. A. Heart Failure	Maine Health Information Management Association Spring Conference Bangor, ME	Invited
4/2019	Podium	Nadeau, H., Horton, S., Flynn, A., Kleisinger, S., Saber, D. A. Behavior and Waste: Reaching our Future Workforce	Maine Resource Recovery Association Annual Conference Northpoint, ME	Invited
9/2018	Podium	Saber, D. A. The Liver: Purpose and Pathology	2018 Maine Health Information Management Association Fall Conference Bangor, ME	Invited
11/2017	Podium	Saber, D. A. What is a PhD in Nursing, and Why are PhDs and Nursing Research Critical in Today's Academic and Healthcare Environment?	2017 Second Annual Convention Maine Student Nurses' Association Bangor, ME	Invited
4/2017	Podium	Saber, D. A., & Benton, S. A Multi-Pronged Approach to Implement Evidence-based Practice: One Medical Center's Journey	Maine Nursing Practice Consortium Bangor, ME	Refereed
3/2017	Podium	Saber, D. A. Solid Waste and Waste Disposal Processes for Isolated Patients with Infectious Disease	Maine Sustainability and Water Conference Augusta, ME	Refereed
3/2016	Podium	Saber, D. A. Changes over Time: Nursing Student Expectations of Work and the Workplace	OMNE: Nursing Leaders of Maine 15th Annual Maine Nursing Summit Augusta, ME	Refereed
04/2014	Podium	Saber, D. A. Our Nursing Workforce: The Complexity of Job Satisfaction	The University of Miami Ethics Conference Miami, FL	Refereed
02/2014	Podium	Saber, D. A. Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta- Analysis from 1980-2009	Nursing Consortium of South Florida Davie, FL	Refereed
11/2013	Podium	Saber, D. A. Our Nursing Workforce: Satisfaction with Considerations to Generational Differences	Florida Blue Foundation/Florida Action Coalition 2013 Statewide Nursing Summit Miami, FL	Invited
9/2012	Podium	Saber, D. A. Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta- Analysis from 1980-2009	2012 Florida Nurses Association Membership Assembly Altamonte Springs, FL	Refereed

PRESENTATIONS—LOCAL

Date	Type	Title	Conference Title, City/State	Refereed/Invited
9/2022	Poster	Joslyn, D., Miles, P., Saber, D. Predictors of Central Vascular Access Device Blood Stream Infections in Patients with Acute Leukemia and Neutropenia: A Retrospective Case-Control Chart Review	Quality Summit Northern Light Health Bangor, ME	Refereed
5/2022	Podium (Virtual)	Klein, K., Saber, D., Trumbo, J. L. Effects of COVID-19 on Waste Production & Management at a Maine Hospital	2022 Eastern Maine Medical Center Research Expo Bangor, ME	Invited
4/2022	Poster	Robinson, K., Saber, D. Obesity: Policy and Practice Recommendations for High-Risk Populations Influenced by the COVID-19 Pandemic	Networking Session for Sustainability Solutions University of Maine Orono, ME	Invited
5/2021	Podium	Saber, D. A. The Fast-paced, Ever-Changing Healthcare Environment: SARS-CoV-2 Presence During 2020-2021 Pandemic	2021 Eastern Maine Medical Center Research Expo Bangor, ME	Invited
4/2021	Podium	Saber, D. A. Waste Production in Healthcare: Joining the Climate Change Conversation	Omicron Xi Chapter-at-Large of Sigma Theta Tau International Bangor, ME	Invited
2/2021	Podium	Saber, D. A. The Fast-paced, Ever-Changing Healthcare Environment: Early Findings about Microbial Presence and the Cost of Isolation Procedures	The University of Maine Institute of Medicine Speaker Series	Invited
10/2020	Poster	Saber, D. A., Benton, S., Sides, S., Demers, K., Thompson, S., Prescott, N., Bushey, K., Harding, M. The Nursing Research and Evidence Based Practice Council (NREBPC)	Nursing Quality Poster Presentation National Healthcare Quality Day Bangor, ME	Invited
10/2020	Poster	Saber, D.A., Joslyn, D. Miles, P., Speed, B. Patients with Acute Leukemia, Neutropenia, and the Presence of a Central Line in Patients that Develop Bacteremia: A Retrospective Case-Control Chart Review	Nursing Quality Poster Presentation National Healthcare Quality Day Bangor, ME	Invited
4/2019	Poster	Nadeau, H., Saber, D. A. Generation and Recovery of Hospital Food Waste in Maine	2019 University of Maine Student Symposium Orono, ME	Refereed
9/2018	Podium	Saber, D. A. Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	Interdisciplinary Undergraduate Research Collaborative Grantee Presentation Orono, ME	Invited
09/2016	Poster	Saber, D. A. Solid Waste and Waste Disposal Processes for Isolated Patients with Infectious Disease: Preliminary Results	Eastern Maine Medical Center 2016 Research Expo Bangor, ME	Refereed

09/2016	Podium	Saber, D. A. Evidence-based Practice Research	Eastern Maine Medical Center 2016 Research Expo Bangor, ME	Invited
4/2016	Podium	Saber, D. A. Change's overtime: Senior Nursing Students Expectations of Work and the Workplace and their Perceptions as Newly Licensed Registered Nurses (NLRs) After 3 & 12 Months of Employment	Maine Nursing Practice Consortium Bangor, ME	Refereed
04/2013	Podium	Saber, D. A. Front-Line Registered Nurse Job Satisfaction and Predictors: A Meta-Analysis from 1980-2009	Sigma Theta Tau, Theta Epsilon Chapter 15th Annual Research Conference, Winter Park, FL	Refereed
09/2010	Poster	Saber, D. A. Secondary Analysis of Data Collected for Clinical Purposes: Lessons Learned	2010 Florida Nurses Association Membership Meeting	Refereed

HONORS/AWARDS

<i>Date</i>	<i>Award</i>	<i>Organization/Group</i>
2022	Student Selected EMCC for Winter Pinning Ceremony	School of Nursing, University of Maine
2022	University of Maine Faculty Mentor Impact Award	University of Maine
2022	Student Selected EMCC for Spring Pinning Ceremony	School of Nursing, University of Maine
2021	Student Selected EMCC for Winter Pinning Ceremony	School of Nursing, University of Maine
2020	Sister Norberta Award (\$250.00)	Omicron Xi-At Large Chapter Sigma Theta Tau International
2019	Faculty Development Award (\$2,500.00)	The Bangor Savings Bank Faculty Development Fund; The Lyndon Paul LoRusso Memorial Development Fund
2019	Selected as a participant in the University Grants Academy	University of Maine Office of Research Development
2019	Nominated for the University of Maine Faculty Mentorship Award	University of Maine
2018	Student Selected EMCC for Spring Pinning Ceremony	School of Nursing, University of Maine
2014	March of Dimes Nurse of the Year Finalist	March of Dimes, Miami, Florida
2009	Nursing Scholarship for Graduate Study (\$750.00)	College of Nursing, University of Central Florida

PROFESSIONAL ACTIVITIES & COMMUNITY SERVICE

PROFESSIONAL ORGANIZATIONS:

<i>Date</i>	<i>Organization</i>	<i>Role</i>
2019-	Sigma Theta Tau International Honor Society of Nursing: 30 th International Nursing Research Conference 45 th Biennial Convention	Grant and Presentation Abstract reviewer

2017-2023	Maine Resource Recovery Association	Member
2018-2023	Maine Resource Recovery Association	Elected Board Member
2016-2022	Maine Nurses Association	Member
2016-	Omicron – Xi At Large Sigma Theta Tau	Member
2016-2017	Omicron – Xi At Large Sigma Theta Tau	Elected Vice-President
2015	Beta – Tau Sigma Theta Tau	Research Awards Chair
2014-2016	Beta – Tau Sigma Theta Tau	Member
2009-	Delta Epsilon Iota Academic Honor Society	Member
2006-	Phi Kappa Phi Honor Society	Member
2003-2022	American Nurses Association	Member
1985-	Sigma Theta Tau International Society of Nursing	Member
1980-	American Association of Critical Care Nurse	Member

PUBLICATION EDITORIAL BOARDS AND REVIEW:

Date	Journal or Publisher	Role
2020	Implementation Science in Nursing: A Framework for Education and Practice	Reviewer
2020	Journal of International Medical Research	Reviewer
2018	Book proposal reviewer – Slack Inc.	Reviewer
2017	The Open Nursing Journal	Reviewer
2016	Nursing Research	Reviewer
2016	Global Journal of Health Science	Reviewer
2015	BMC Public Health	Reviewer
2015	Contemporary Nurse	Reviewer
2015	Japan Journal of Nursing Science	Reviewer
2014	Industrial Health	Reviewer

COMMUNITY SERVICE/ACTIVITIES:

Date	Organization	Role
2022	National Research Mentoring Network Center for Improvement of Mentored Experiences in Research	Awarded Completing Certificate: Level 1: NRMN Entering Mentoring Training
2018	International Service Learning	Co-advisor of 20 nursing students for a medical mission trip to Belize; Prepared students through fundraising
2017	Stakeholder Working Group: Addressing Food Waste in Maine	Co-Leader
2017-	The Rock Church	Volunteer team member
2016	University of Maine Cooperative Extension/4H Program	Help students learn about nursing

JOINT POSITION SERVICE:

Date	Consulting Organization/Individuals	Consultation Role
2022-2023	Leadership Alliance/HIAE Climate Can't-Wait Workgroup	Member
2022-2023	Waste Stream Workgroup	Co-Chair

2022-2023	Climate Change Workgroup	Member
2020	Northern Light Eastern Maine Medical Center Research Expo Planning Committee	Member
2020-2023	Northern Light Eastern Maine Medical Center/ University of St Augustine University for Health Sciences Amanda Savage – Scholarly project: <i>Reducing Falls Through Hourly Rounding</i> Juliana Nwauwa – Scholarly project: <i>The Reduction of Central Line-Associated Bloodstream Infections using a Bundle Checklist</i> Elizabeth McMaster – <i>Safety Program in a Tertiary Care Center: An Evidence-Based Project to Reduce Incidents and Improve the Relationship between Frontline Staff and Leadership</i>	Doctor of Nursing Practice (DNP) Scholarly Project Advisor
2020-2021	Northern Light Eastern Maine Medical Center Nursing Standard Work Committee	Member
2020-2021	Northern Light Eastern Maine Medical Center Assistant Vice President/Directors Huddle Committee	Member
2020-2023	Northern Light Eastern Maine Medical Center Eastern Maine Medical Center Research Advisory Council	Member
2020-2021	Northern Light Eastern Maine Medical Center Assistant Vice President/Directors Opp. Committee	Member
2020	Northern Light Eastern Maine Medical Center Monthly Educators Meeting	Member
2016- 2019	Northern Light Eastern Maine Medical Center	Consultant and adviser for evidence-based projects and dissemination of results for the division of nursing
2018	Stakeholder Working Group for LD 1534: <i>Report for Maine's Joint Standing Committee on the Environment and Natural Resources</i>	Working group member to guide Maine's LD 1524

UNIVERSITY ACTIVITIES

UNIVERSITY SERVICE: (Cumulative):

Date	Level	Committee	Position
2022-2023	SON	Graduate School Committee	Chair
2022-2023	University	Graduate Program Board	Member
2021-2023	SON	Peer Review Committee	Chair
2021-2023	SON	SON Strategic Vision and Values Committee	Member
2021-2022	University	Faculty Senate Service and Outreach Committee	Chair
2022-2023	University	UMaine Research Ambassadors Program	Member
2021-2022	University	UMaine Research Affiliates Program	Member
2021-2023	University	Research and Innovation Partnerships Committee	Member
2021-2022	System	UM/UMM Regional Task Force	Member (12 members)
2020-2023	University	Microbes and Social Equity Working Group	Member
2020-2021	University	Faculty Senate Diversity, Equity, and	Member

		Inclusion Committee	
2020-2021	University	Faculty Senate	Vice-President
2021-2023	SON	Graduate School Committee	Member
2021-2023	College	NSFA Name Change Committee	Member
2019	University	Faculty Representative for Committee to Review Dean Fred Servello's three-year Appointment	Member
2019	University	Faculty Senate Ad Hoc Committee to Support Research Capacity	Co-Chair
2019-2023	University	UMaine Institute of Medicine Steering Committee	Member
2019-2023	SON	Peer Review Committee	Member
2019	College	Human Health Sciences Working Group	Member
2018-2019	University	Strategic Vision and Values Steering Committee	Member
2018-2019	SON	Faculty Search Committee	Member
2018-2019	SON	Undergraduate Curriculum Committee	Member
2018-2021	University	Faculty Senate Constitution and Bylaws Committee	Member
2017-2018	University	Program Creation & Reorganization Review Committee	Member
2017-2020	University	Faculty Senate Research and Scholarship Committee	Co-Chair
2017-2021	University	Research Council Committee	Member
2017-2019	SON	Director's Council	Member
2017	College	Faculty Search Committee for Lecturer and Dietetic Internship Director	Member
2016-2017	SON	Undergraduate Curriculum Task Force	Chair
2016-2019	SON	Policy Advisory Committee	Member
2016-2023	University	Senator George J. Mitchell Center for Sustainability Solutions Materials Management Team	Member
2016-2022	University	Faculty Senate	Member
2016-2017	College	Faculty Awards Committee	Member
University of Miami			
2015	University	Athletic Committee	Member
2015	College	Graduate Academic Standing and Advancement Committee	Chair
2013-2015	College	Curriculum Committee	Member
2014-2015	College	Graduate Academic Standing and Advancement Committee	Member
2014-2015	University	Ancillary Research Review Committee	Member
2014-2015	University	Clinical Translational Science Institute Research Cabinet Committee	Member
2014-2015	University	University of Miami and Miami Miller School of Medicine Research Roundtable Committee	Member
2014-2015	University	University of Miami Hospital, Miller School of Medicine, and Veterans Administration Hospital Research Administration Committee	Member
2014-2015	University	Faculty Ambassador Program Committee	Member
2014	College	Pan American Health Organization Project	Graduate Student Mentor

DISSERTATION / THESIS / RESEARCH PROJECT ADVISING/COMMITTEE MEMBER:

Dates	Student	Title	Level	Role
2023-2024	Caden Scott	A Compostable Isolation Gown to Reduce Derived Synthetic Waste Accumulation in Landfill	MS Biomedical Engineering	Committee Member
2022-	Mike Babcock	Mutations in PI3K/AKT and TP53 Pathways Associated with Decreased Survival in Colorectal Cancer Patients in Rural Maine	PhD Thesis	Committee Member
2020-2021	Elissa Bate Nursing	Screening Women for Late-Life Depression: The Primary Care Family Nurse Practitioner's Role	FNP Capstone	Partial/Advisor
2020-2021	Anthony Posuniak Nursing	The COVID-19 Public Health Response and Alcohol Abuse: A Comprehensive Analysis	FNP Capstone	Advisor
2019-2020	Cole Butler Mathematics	Mathematical modeling of the Opioid Epidemic in the state of Maine	Honors	Committee Member
2019-2020	Abigail Howe Nursing	<i>Clostridioides difficile</i> Infection Rates and Diabetes Mellitus in the Acute Care Hospital Setting: A Pilot Retrospective Study	Honors	Advisor
2019	Amanda Cusack Nursing	Pharmaceutical Waste in Healthcare: An Assessment of Disposal Processes	Honors	Advisor
2018-2019	Brandon Howlett Nursing	Virtue Ethics in Primary Care	FNP	Advisor
2017-2019	Jen Goulding Nursing	Barriers to Reducing Food Waste in Hospitals: An Exploratory Study	Honors	Advisor
2017-2019	Rachel Emerick Nursing	Pediatric Hospice Care: A Literature Review of Hospice Care, Its Role in Pediatrics and Resources in Maine	Honors	Committee Member
2017-2019	Samantha King Nursing	An Analysis of Stress in Undergraduate Nursing Students at the University of Maine	Honors	Committee Member
2017-2019	Theresa Murray Nursing	Perceptions of Emergency Room Nurses Regarding Needle Exchange Programs	Honors	Committee Member
2017-2020	Hannah Nadeau Nursing	Top Scholar at University of Maine Undergraduate student team member: Making Maine's Local Food System Sustainable: Opportunities to Address Hunger and Reduce Waste	Top Scholar	Chair
2018	Dorathy Moneke Nursing	Importance of Primary Prevention of Hypertension in African Americans Through Modification of Risk Factors	FNP Capstone	Committee Member
2018-	Jamie Wren Anthropology/Public Policy	Secondary Cranial Osteoporosis Among Individuals with Alcohol Use Disorder: an analysis of postmortem computed tomography scans from the New Mexico Decedent Database	PhD	Committee Member
2017	Sarah Ford Nursing	Sexual Trafficking: Developing a Teaching Strategy to Educate Emergency Department Staff	Honors	Advisor
2017	Sarah DeMello Nursing	Gastroparesis: Psychological Implications and Electrical Stimulating Treatment	Honors	Advisor

2016	Kristina Leonard Nursing	Heart Failure in Older Adults	MSN Capstone	Committee Member
2015	Lucia Walsh Nursing	Procedural and Coding Manual for Meta- Analysis of Therapist Experience of Internalizing Client Outcomes	MS	Committee Member
2015- 2016	Susana Barroso Nursing	A Model for Emerging Infectious Disease/Disaster Preparedness Training for Nursing Students	PhD	Chair
2013- 2014	Debbie Anglade Nursing	Patient Safety Culture, Compassion Fatigue, Compassion Satisfaction: Impact on Nurse Sensitive Patient Outcomes	PhD	Committee Member

COURSES TAUGHT:

Semester	Course	Course Name	Enrollment	Role
Florida Southern College				
Fall 2024	NUR 4110	Evidence-Based Health Care	001-27 002-41	Instructor
Spring 2024	NUR 3585	Adult Health Nursing Care I	8	Instructor
Fall 2023	NUR 2202	Nursing Fundamentals Clinical 04B	9	Instructor
University of Maine				
Spring 2023	NUR 694-0190	Health Policy, Politics, and Practice	11	Instructor
Spring 2023	NUR 165-0190	Intro to Care of Older Adult	14	Instructor
Spring 2023	NUR 435-0190	Nursing Care of Patient/Family End of Life	7	Instructor
Fall 2022	NUR 334-0001	Care of Adults III	41	Instructor
Spring 2022	NUR 334-0001	Care of Adults III	33	Instructor
Spring 2022	NUR 694-0990	Health Policy, Politics, and Practice	15	Instructor
Fall 2021	NUR 334-0001	Care of Adults III	56	Instructor
Spring 2021	NUR 310-0001	Evidence-Based Practice in Healthcare	58	Instructor
Spring 2021	NUR 334-0001	Care of Adults III	38	Instructor
Fall 2020	NUR 310-0001	Evidence Based Practice in Healthcare	30	Instructor
Spring 2020	NUR 334-0001	Care of Adults III	47	Instructor
Fall 2019	NUR 334-0001	Care of Adults III	36	Instructor
Fall 2019	NUR303-0001	Pathophysiology	20	Instructor
Fall 2019	NUR 303-0990	Pathophysiology	20	Instructor
Spring 2019	NUR 334-0001	Care of Adults III	40	Instructor
Spring 2019	NUR303-0001	Pathophysiology	45	Instructor
Spring 2019	NUR 303-0990	Pathophysiology	38	Instructor

Spring 2019	HON 498-0009	Honors Directed Study Independent Study	1	Instructor
Spring 2019	HON 499-0061	Honors Thesis Independent Study	1	Instructor
Spring 2019	NUR 495-0001	Independent Study in Nursing Independent Study	1	Instructor
Fall 2018	NUR 334-0001	Care of Adults III	35	Instructor
Fall 2018	NUR303-0001	Pathophysiology	15	Instructor
Fall 2018	NUR 303-0990	Pathophysiology	25	Instructor
Fall 2018	NUR 697-0003	Scholarly Project	4	Instructor
Summer 2018	NUR303-0990	Pathophysiology	11	Instructor
Summer 2018	HON 498-0005	Honors Directed Study Independent Study	1	Instructor
Spring 2018	NUR 310-0001	Health Related Research	44	Instructor
Spring 2018	NUR 303-0990	Pathophysiology	35	Instructor
Spring 2018	NUR 303-0001	Pathophysiology	37	Instructor
Spring 2018	NUR 495-0001	Independent Study in Nursing	1	Instructor
Spring 2018	NUR 495-0003	Independent Study in Nursing	1	Instructor
Fall 2017	NUR 310-0001	Health Related Research	26	Instructor
Fall 2017	NUR 303-0981	Pathophysiology	20	Instructor
Fall 2017	NUR 303-0990	Pathophysiology	24	Instructor
Summer 2017	NUR 303-0990	Pathophysiology	9	Instructor
Spring 2017	NUR 310-0001	Health Related Research	50	Instructor
Spring 2017	NUR 300-1001	Health Assessment Lab	9	Instructor
Spring 2017	NUR 303-0990	Pathophysiology	39	Instructor
Spring 2017	HON 499-0055	Honors Thesis Independent Study	1	Instructor
Spring 2017	HON 499-0087	Honors Thesis Independent Study	1	Instructor
Spring 2017	NUR 495-0001	Independent Study in Nursing	1	Instructor
Fall 2016	NUR 310-0001	Health Related Research	38	Instructor
Fall 2016	NUR 303-0990	Pathophysiology	22	Instructor
Fall 2016	NUR 300-1001	Health Assessment Lab (2 sections)	18	Instructor
Fall 2016	NUR 697-0004	Scholarly Project	1	Instructor

Fall 2016	NUR 495-0001	Independent Study in Nursing	1	Instructor
Fall 2016	HON 498-0033	Honors Directed Independent Study	1	Instructor
Fall 2016	HON 498-0087	Honors Directed Independent Study	1	Instructor
Spring 2016	NUR 310-0001	Health Related Research	36	Instructor
Spring 2016	NUR 303-0990	Pathophysiology	51	Instructor
Spring 2016	NUR 300-1001	Health Assessment Lab (2 sections)	16	Instructor
University of Miami				
Fall 2015	NUR 664 (BSN-DNP)	Research II: Biostatistical Applications for Nursing Practice	10	Instructor
Fall 2015	NUR 673 (MSN-DNP)	Capstone II	6	Instructor
Fall 2015	IS	Independent Study	1	Instructor
Summer 2015	NUR 672 (MSN-DNP)	Capstone I	6	Instructor
Summer 2015	NUR 660 (MSN-DNP)	Translational Science	12	Instructor
Spring 2015	NUR 664 (MSN-DNP)	Research II: Biostatistical Applications for Nursing Practice	12	Instructor
Fall 2014	NUR 664 (BSN-DNP)	Research II: Biostatistical Applications for Nursing Practice	10	Instructor
Fall 2014	NUR 673 (MSN-DNP)	Capstone II	6	Instructor
Summer 2014	NUR 660 (MSN-DNP)	Translational Science	12	Instructor
Summer 2014	NUR 672 (MSN-DNP)	Capstone I	6	Instructor
Spring 2014	NUR 411 Accelerated	Adult Health III	69	Instructor
Fall 2013	NUR 411 Accelerated	Adult Health III	67	Instructor
Fall 2013	NUR 411 Traditional	Adult Health III	68	Instructor
University of Central Florida (* number is estimated)				
Summer 2013	NUR 4828	Nursing Leadership, Management, Role Transition	35*	Co-Instructor
Summer 2013	NGR 6801	Research Methods	24*	Co-Instructor
Spring 2013	NGR 7817	Quantitative Methods I	6*	Instructor
Spring 2013	NGR 6801	Research Methods	24*	Co-Instructor
Spring 2013	NUR 4828	Nursing Leadership, Management, Role Transition	50*	Co-Instructor